

# Trenching Safety

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**Date:** Wednesday, October 22, 2003

**Time:** 9:00 AM – 12 Noon

**Place:** Southern Air Training Room  
2655 Lakeside Dr., Lynchburg

**Sponsored by:** Virginia Dept. of Labor & Industry VOSH Consultation  
AGC Central District Safety Alliance

No charge for this session - Casual attire requested - Training will include a presentation and demonstration.

Directions:

From Charlottesville take 29 South to 501 North (do not take 501 N Business) to 1st stoplight. Turn left onto Lakeside Drive Route 221. Go approximately 1/2 mile and office is on left under power line.

From 460 West Roanoke area - Take 460 E bypass around Lynchburg to Candler's Mtn Road exit on left. After 2nd stoplight take 29S 501 N exit. Keep straight on 501 N to next stoplight. Turn left onto Lakeside Drive Rt. 221. Go approximately 1/2 mile and office is on left under power line.

From Richmond take 64 west to Charlottesville, then follow the directions from Charlottesville.

From Danville take 29 North into Lynchburg. Pass River Ridge Mall, cross the bridge over the Lynchburg Expressway. Take the 501 North exit to the right (as soon as you cross the bridge). Keep straight on 501 N. to the next stoplight. Turn left onto Lakeside Drive Rt. 221. Go approximately 1/2 mile and office is on the left under power line.

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## Registration Form

Name: \_\_\_\_\_

Company: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

e-mail: \_\_\_\_\_

Or call Jean Jearman at 804-786-8707  
Complete, print and fax to: 804-786-8418